



EQuality

TRAINING

Programme : Happiness and Learning. (Meeting Emotional Needs)

Having a positive approach to learning and finding pleasure in developing personal skills does a lot more than make the activity enjoyable. Happiness literally unlocks creativity, enables flexibility of thought and allows openness to new information, all vital to motivation and making meaning.

Flourishing are underpinned by emotional health. Furthermore, certain issues are created by a lack of recognition and understanding of the part happiness plays in learning. Emotional needs as behavioural triggers are explored, and delegates learn to appreciate their own behaviour as a channel of human communication. documents that will lead on better practice within their organisations.

- Understand the importance of happiness in learning and development: resilience and health
- Explore emotional intelligence, competence and literacy
- Highlight the importance of young people experiencing respect, high expectations, constructive feedback and clear limits
- Use listening skills to deepen understanding
- Support family involvement in order to gain parental expertise
- Move away from the 'one size fits all' philosophy towards a personalised approach to learning

Main Topics

Emotional literacy

Working with families

Thinking skills

Broaden-and-build theory

Emotional communication

Addressing disaffection

Contact us for further information egt@btinternet.com

Hard hitting ideas, delivered with sweetness!